

August 2025 KSI Lunch* Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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				BLT Pasta Salad Turkey Bacon, Grilled Chicken, Lettuce, Tomato, WG Elbow Noodles, Ranch Dressing, Peaches, Fat Free Chocolate Milk
4	5	6	7	8
Alaskan Fish Sticks Served with Tater Tots, Tartar Sauce, Blueberries, WG Hawaiian Roll, Fat Free Chocolate Milk	Salisbury Steak Served with Mashed Potatoes, Green Beans, Brown Gravy, WG Dinner Roll, Peaches, Fat Free Chocolate Milk	BBQ Bacon Cheeseburger WG Hamburger Bun, All Beef Patty, Turkey Bacon, Yellow American Cheese, Caramelized Onions, Cole Slaw, Apple Sauce, Fat Free Chocolate Milk	Cheese Ravioli Served with Alfredo Sauce, Broccoli, Grilled Chicken, WG Texas Toast, Mixed Fruit, Fat Free Chocolate Milk	Breakfast for Lunch Scrambled Eggs, Grits, Turkey Sausage, Shredded Cheddar, WG Biscuit, Strawberries, Fat Free Chocolate Milk
11	12	13	14	15
Tomato Bacon Grilled Cheese WG Wheat Bread, White American Cheese, Turkey Bacon, Sliced Tomato, Pears, Fat Free Chocolate Milk	Chicken Teriyaki Rice Bowls Served with WG Brown Rice, Peas, Carrots, Corn, Scrambled Egg, Pineapple, Fat Free Chocolate Milk	Chef Salad Chopped Salad with Lettuce, Tomato, Diced Cucumber Ham, Shredded Cheddar, Hard Boiled Egg, Avocado, Shredded Carrots, Mandarin Orange, Fat Free Chocolate Milk	Taco Mac & Cheese WG Noodles Served with a Cheesy Cream Sauce, Taco Beef, Diced Tomatoes, Shredded Cheese, Apple Sauce, Fat Free Chocolate Milk	Chicken Caesar Wraps WG Tortilla Filled with Shredded Lettuce, Grilled Chicken, Parmesan Cheese, Toasted Breadcrumbs, Caesar Dressing, Cole Slaw, Fat Free Chocolate Milk
18	19	20	21	22
Chicken Bacon Ranch Sandwich WG Hamburger Bun, Grilled Chicken Cutlet, Turkey Bacon, White American Cheese, Ranch Dressing, Potato Salad, Mixed Fruit, Fat Free Chocolate Milk	Homestyle Turkey Fresh Carved Turkey, Mashed Potatoes, Gravy, Corn, WG Cornbread, Pineapple, Fat Free Chocolate Milk	Chicken Rice Bowl Shredded Chicken, Housemade Tomato Salsa, WG Brown Rice, Black Beans, Corn, Shredded Cheddar Cheese, Mandarin Oranges, Fat Free Chocolate Milk	BBQ Baked Potato Russet Potato Stuffed with BBQ Pulled Pork and Shredded Cheddar Cheese with Cole Slaw, WG Corn Bread, Pears, Fat Free Chocolate Milk	Chicken Dog WG Hot Dog Bun Stuffed with Chicken Tender, Cheese Sauce, Turkey Bacon, BBQ Sauce, Sweet Potato Tots, Blueberries, Fat Free Chocolate Milk
25	26	27	28	29
Chicken Tenders Served with Crinkle Cut Fries, Honey Mustard, Peaches, Fat Free Chocolate Milk	Broccoli Cheddar Baked Potato Stuffed with Shredded Chicken, Cheese Sauce, Chopped Broccoli, Served with WG Roll, Apple Sauce, Fat Free Chocolate Milk	Open Faced Roast Beef Sandwich Served on WG Hamburger Bun, White American Cheese, Brown Gravy, Tater Tots, Mixed Fruit, Fat Free Chocolate Milk	Chicken Stir Fry WG Brown Rice, Chopped Chicken, Broccoli, Carrots, Diced Peppers, Onions, Pineapple, Fat Free Chocolate Milk	Grilled Ham & Cheese WG Wheat Bread, Deli Sliced Ham, Yellow American Cheese, Broccoli Slaw, Pears, Fat Free Chocolate Milk

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